

*In partnership with the  
Gate of Heaven Cemetery,  
Companions on a Journey presents*

## **Caring for Your Grieving Soul**

Meets on the second  
Tuesday of the month  
6:00 - 7:30 PM  
(October - June)

*We welcome you to join us  
on any or all of the dates!*



*"COJ took the most hurtful parts of my story...  
and changed my journey to one of healing."*

### **About This Group**

Caring for Your Grieving Soul is an open grief group designed to offer support to adults who have suffered the death of a loved one.

Surrounded with love and support, this grief support group offers you the opportunity to connect with other adults who understand the heartache of losing a loved one.

Together, we help individuals to restore balance and find hope, strength, and healing.



December 12, 2023    April 9, 2024  
January 9, 2024    May 14, 2024  
February 13, 2024    June 11, 2024  
March 12, 2024



Gate of Heaven Cemetery  
11000 Montgomery Road  
Cincinnati, OH 45249

### **Group Facilitators**

**Sheila Munafo-Kanoza**  
Bereavement Support Specialist,  
Founder/Executive Director of  
Companions on a Journey

**Tim Schutte**  
Bereavement Facilitator



Registration is required. Scan QR code or visit [companionsonajourney.org](http://companionsonajourney.org) to register. Questions? Please call Companions on a Journey at (513) 870-9108.